

Whole milk for children under $\mathbf{2}$ years; 1\% milk for children over $\mathbf{2}$ years
Water is offered throughout the day and at meals
Fresh Fruit Options: Apples, Bananas, Oranges, Pears, Grapes

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 1 <br> B WG Pancakes, Fruit, Milk <br> S Trail Mix w/Craisins, Water | 2 <br> B Yogurt \& Fruit Parfait, Water <br> S Ritz Crackers, Cheese, Water | 3 <br> B Toasty O's, Fruit, Milk <br> S Cheez-its, Peaches, Water | 4 <br> B Oatmeal, Fruit, Milk <br> S Cucumbers w/Ranch, Crackers, Water | 5 <br> B Corn Flakes, Fruit, Milk <br> S Apple Slices, Soy Butter, Water |
| 8 <br> B WG Waffles, Fruit, Milk <br> S Cottage Cheese, Pears, Water | 9 <br> B WG Bagel, Fruit, Milk <br> S Pita Chips, Hummus, Water | 10 <br> B Rice Chex, Fruit, Milk <br> S Goldfish Crackers, Bananas, Water | 11 <br> B Toast, Fruit, Milk <br> S String Cheese, Apples, Water | 12 <br> B WG French Toast Sticks, Fruit, Milk <br> S Graham Crackers, Bananas, Water |
| 15 <br> B Oatmeal, Fruit, Milk <br> S Club Crackers, Apples, Water | 16 <br> B WG Pancakes, Fruit, Milk <br> S Celery, Soy Butter, Raisins, Water | 17 <br> B Corn Flakes, Fruit, Milk <br> S Wheat Thins, Cheese, Water | 18 <br> B Yogurt \& Fruit Parfait, Water <br> S Carrots w/Ranch, Crackers, Fruit, Water | 19 <br> B English Muffin, Fruit, Milk <br> S Goldfish Crackers, Fruit, Water |
| 22 <br> B Oatmeal, Fruit, Milk <br> S Oyster Crackers, <br> Berries, Water | 23 <br> B Rice Chex, Fruit, Milk <br> S String Cheese, Apples, Water | 24 <br> B, Cheese Toast, Fruit, Milk <br> S Cottage Cheese, Peaches, Water | 25 <br> B WG Waffles, Fruit, Milk <br> S Trail Mix w/Raisins, Water | 26 <br> B Toasty O's, Fruit, Milk <br> S Pita Chips, Hummus, Water |
| 29 <br> B WG Bagel, Fruit, Milk <br> S Wheat Thins, Oranges, Water | 30 <br> B Oatmeal, Fruit, Milk <br> S Ritz Crackers, Cheese, Fruit, Water |  |  |  |

