

# June 2022 Menu



**MILK IS SERVED WITH LUNCH**

(Whole milk for children under 2 years; 1% milk for children over 2 years)

Water is offered throughout the day and at meals

Fresh Fruit Options: Apples, Bananas, Oranges, Pears, Grapes

Cereal Options: Chex, Cheerios, Corn Flakes, Rice Krispies

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	1 B Oatmeal, Fruit, Milk  L Grilled Cheese Sandwich, Corn, Fruit  S Cucumbers, Carrots, Crackers, Water	2 B Cereal, Fruit, Milk  L Cheeseburger, Peas, Fruit, Bread  S Soy Butter & Jelly Roll-Up, Milk	3 B Toast, Fruit, Milk  L Chicken Patty, Green Beans, Fruit  S Cheese Crackers, Fruit, Water
6 B Cereal, Fruit, Milk  L Swedish Meatballs, Mixed Veggies, Fruit, Bread  S Graham Crackers, Soy Butter, Milk	7 B Yogurt, Granola, Fruit, Water  L Hot Dogs, Carrots, Fruit, Bun  S Veggie Straws, Fruit, Water	8 B Cereal, Fruit, Milk  L Chicken Nuggets, Green Beans, Fruit  S Simply Chex, Fruit, Water	9 B Oatmeal, Fruit, Milk  L Salami & Cheese Sandwich, Corn, Fruit  S Ritz Crackers, Cheese, Water	10 B Cereal, Fruit, Milk  L Meatloaf, Mashed Potatoes, Peas, Fruit, Bread  S Goldfish, Raisins, Water
13 B Pancakes, Fruit, Milk  L Turkey & Cheese Sandwich, Carrots, Fruit  S Wheat Thins, Fruit, Water	14 B Cereal, Fruit, Milk  L Mini Corn Dogs, Peas, Fruit  S Cucumbers, Carrots, Crackers, Water	15 B English Muffin, Fruit, Milk  L Chicken Patty, Mixed Veggies, Fruit  S Whole Grain Tortilla Chips, Salsa, Water	16 B Cereal, Fruit, Milk  L Taco, Black Beans, Corn w/Salsa, Fruit  S Animal Crackers, Fruit, Water	17 B Oatmeal, Fruit, Milk  L Mac & Beef, Green Beans, Fruit  S Trail Mix w/Raisins, Water
20 B Cereal, Fruit, Milk  L Breakfast Burrito, Corn, Fruit  S Simply Chex, Fruit Water	21 B Waffles, Fruit, Milk  L Hot Dog, Mac & Cheese, Peas, Fruit, Bread  S Graham Crackers, Soy Butter, Milk	22 B Cereal, Fruit, Milk  L Chicken Nuggets, Green Beans, Fruit  S Cheese Crackers, Fruit, Water	23 B Yogurt, Granola, Fruit, Water  L Soy Butter & Jelly Sandwich, Mixed Veggies, Fruit  S Veggie Straws, Fruit, Water	24 B Cereal, Fruit, Milk  L BBQ Meatballs, Mashed Potatoes, Carrots, Fruit, Bread  S String Cheese, Crackers, Water
27 B French Toast Sticks, Fruit, Milk  L Fish Sticks, Carrots, Fruit  S Animal Crackers, Fruit, Water	28 B Cereal, Fruit, Milk  L Mini Corn Dogs, Peas, Fruit  S Wheat Thins, Fruit, Water	29 B Toast, Fruit, Milk  L Lasagna, Mixed Veggies, Fruit  S Soy Butter & Jelly Roll-up, Milk	30 B Cereal, Fruit, Milk  L Salisbury Steak, Corn, Fruit, Bread  S Wheat Thins, Fruit, Water	

