



3 YEAR OLD CURRICULUM

Develop COGNITIVE skills by:

- Naming letters and sounds
- Rote counting
- Counting objects (1-10)
- Matching quantities to numbers (1-10)
- First name recognition
- Naming shapes
- Naming basic colors
- Sorting by color, size and shape
- Adding to simple patterns
- Completing simple puzzles
- Calendar routine

Develop LANGUAGE skills by:

- Expanding vocabulary
- Listening to stories and songs
- Being attentive during circle time
- Using imagination and creativity during pretend play
- Encouraging use of correct grammar and pronunciation

Develop SOCIAL skills by:

- respecting each other's feelings
- using words to express emotions
- interacting appropriately with peers
- choosing friends
- accepting limits
- sharing with peers
- taking turns
- accepting responsibilities
- following classroom rules

Develop MOTOR skills by:

- Creative movement, yoga
- Marching and moving to music
- Playing with balls
- Riding tricycles
- Drawing, painting, coloring, gluing with a variety of media
- Cutting with scissors
- Manipulating playdough
- Building block towers
- Developing eye hand coordination through a variety of activities; i.e. stringing beads, completing puzzles

Develop SELF-HELP skills by:

- Dressing and undressing with supervision
- Taking care of own toileting needs
- Washing and drying hands and face

