



AUGUST 2022 Menu



(Whole milk for children under 2 years; 1% milk for children over 2 years)

Water is offered throughout the day and at meals

Fresh Fruit Options: Apples, Bananas, Oranges, Pears, Grapes

Cereal Options: Chex, Cheerios, Corn Flakes, Rice Krispies

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B Cereal, Fruit, Milk S Ritz Crackers, Cheese, Water	2 B Yogurt, Granola, Fruit, Water S Animal Crackers, Fruit, Milk	3 B Oatmeal, Fruit, Milk S Trail Mix, Fruit, Water 	4 B Waffles, Fruit, Milk S Graham Crackers, Soy Butter, Milk	5 B Cereal, Fruit, Milk S Cheese Crackers, Fruit, Water
8 B English Muffin, Fruit, Milk S Veggie Straws, Fruit, Water	9 B Cereal, Fruit, Milk S Goldfish, Raisins, Milk	10 B French Toast Sticks, Fruit, Milk S Wheat Thins, Fruit, Milk	11 B Cereal, Fruit, Milk S Cucumbers, Carrots, Crackers, Water	12 B Pancakes, Fruit, Milk S Whole Grain Tortilla Chips, Salsa, Milk
15 B Cereal, Fruit, Milk S Graham Crackers, Soy Butter, Milk	16 B Waffles, Fruit, Water S Trail Mix, Fruit, Water	17 B Cereal, Fruit, Milk S Animal Crackers, Fruit, Milk	18 B Yogurt, Granola, Fruit, Water S Simply Chex, Fruit, Water 	19 B Cereal, Fruit, Milk S Cheese Crackers, Fruit, Water
22 B French Toast Sticks, Fruit, Milk S Cucumbers, Carrots, Crackers, Water	23 B Cereal, Fruit, Milk S Veggie Straws, Fruit, Milk	24 B Toast, Fruit, Milk S Graham Crackers, Soy Butter, Milk	25 B Cereal, Fruit, Milk S Wheat Thins, Fruit, Water	26 B Oatmeal, Fruit, Milk S String Cheese, Crackers, Water
29 B Cereal, Fruit, Milk S Soy Butter & Jelly Roll-up, Milk	30 B Pancakes, Fruit, Milk S Trail Mix, Fruit, Milk 	31 B Cereal, Fruit, Milk S Cheese Crackers, Fruit, Water		