



March 2023 Menu

MILK IS SERVED WITH LUNCH


(Whole milk for children under 2 years; 1% milk for children over 2 years)

Water is offered throughout the day and at meals

Fresh Fruit Options: Apples, Bananas, Oranges, Pears, Grapes

Cereal Options: Chex, Cheerios, Corn Flakes, Rice Krispies



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 B Cereal, Fruit, Milk L Chicken Patty, Green Beans, Fruit S Wheat Thins, Fruit, Milk	2 B English Muffin, Fruit, Milk L Grilled Cheese Sand., Tomato Soup, Fruit S Veggie Straws, Fruit, Water	3 B Cereal, Fruit, Milk L Turkey & Cheese Wrap, Carrots, Fruit S Graham Crackers, Soy Butter, Milk
6 B French Toast Sticks, Fruit, Milk L Hot Dog, Mac & Cheese, Peas, Fruit S Trail Mix, Fruit, Water	7 B Cereal, Fruit, Milk L Chicken Pot Pie, Green Beans, Fruit, Bread S Cucumbers, Carrots, Crackers, Water	8 B Oatmeal, Fruit, Milk L Salami & Cheese Sand., Minestrone Soup, Fruit S String Cheese, Crackers, Water	9 B Cereal, Fruit, Milk L Mini Corn Dogs, Carrots, Fruit S Animal Crackers, Fruit, Milk	10 B Waffles, Fruit, Milk L Meatballs, Broccoli, Fruit, Bread S Cheese Crackers, Fruit, Water
13 B Cereal, Fruit, Milk L Meatloaf, Mashed Potatoes, Carrots, Fruit, Bread S Whole Grain Tortilla Chips, Salsa, Water	14 B Toast, Fruit, Milk L Lasagna, Broccoli, Fruit S Goldfish Crackers, Fruit, Water	15 B Cereal, Fruit, Milk L Swedish Meatballs, Peas, Fruit, Bread S Veggie Straws, Fruit, Milk	16 B Yogurt, Granola, Fruit, Water L Breakfast Burrito, Corn, Fruit S Graham Crackers, Soy Butter, Milk	17 B Cereal, Fruit, Milk L Fish Sticks, Green Beans, Fruit S Soy Butter & Jelly Roll-up, Milk 
20 B Pancakes, Fruit, Milk L Chicken & Cheese Quesadilla, Refried Beans, Fruit S Crackers, Cheese, Fruit, Water	21 B Cereal, Fruit, Milk L Salisbury Steak, Carrots, Fruit S Wheat Thins, Fruit, Water	22 B French Toast Sticks, Fruit, Milk L Soy Butter & Jelly Sandwich, Peas, Fruit S Trail Mix, Fruit, Milk	23 B Cereal, Fruit, Milk L Chicken Nuggets, Broccoli, Fruit S Cheese Crackers, Fruit, Water	24 B Toast, Fruit, Milk L Taco, Black Beans, Corn, Fruit S Cucumbers, Carrots, Crackers, Water
27 B Cereal, Fruit, Milk L Cheeseburger, Corn, Fruit, Bread S Animal Crackers, Fruit, Milk	28 B Yogurt, Granola, Fruit, Water L Waffles, Sausage, Peas, Fruit S Simply Chex, Fruit, Water	29 B Cereal, Fruit, Milk L Turkey & Cheese Sand., Carrots, Fruit S Graham Crackers, Soy Butter, Milk	30 B Oatmeal, Fruit, Milk L Chicken Patty, Green Beans, Fruit S Veggie Straws, Fruit, Water	31 B Cereal, Fruit, Milk L Hot Dog, Broccoli, Fruit, Bread S Goldfish Crackers, Fruit, Water