



AUGUST 2022 Menu



MILK IS SERVED WITH LUNCH

(Whole milk for children under 2 years; 1% milk for children over 2 years)

Water is offered throughout the day and at meals

Fresh Fruit Options: Apples, Bananas, Oranges, Pears, Grapes

Cereal Options: Chex, Cheerios, Corn Flakes, Rice Krispies

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B Cereal, Fruit, Milk L Chicken Nuggets, Green Beans, Fruit S Ritz Crackers, Cheese, Water	2 B Yogurt, Granola, Fruit, Water L Meatballs, Carrots, Fruit, Bread S Animal Crackers, Fruit, Milk	3 B Oatmeal, Fruit, Milk L Grilled Cheese Sandwich, Peas, Watermelon  S Trail Mix, Fruit, Water	4 B Waffles, Fruit, Milk L Hot Dog, Broccoli, Fruit, Bread S Graham Crackers, Soy Butter, Milk	5 B Cereal, Fruit, Milk L Fish Sticks, Corn, Fruit S Cheese Crackers, Fruit, Water
8 B English Muffin, Fruit, Milk L Taco, Black Beans, Corn w/Salsa, Fruit S Veggie Straws, Fruit, Water	9 B Cereal, Fruit, Milk L Salami & Cheese Sandwich, Broccoli, Fruit S Goldfish, Raisins, Milk	10 B French Toast Sticks, Fruit, Milk L Chicken Patty, Carrots, Fruit S Wheat Thins, Fruit, Milk	11 B Cereal, Fruit, Milk L Cheeseburger, Peas, Fruit, Bread S Cucumbers, Carrots, Crackers, Water	12 B Pancakes, Fruit, Milk L Mini Corn Dogs, Green Beans, Fruit S Whole Grain Tortilla Chips, Salsa, Milk
15 B Cereal, Fruit, Milk L Swedish Meatballs, Carrots, Fruit, Bread S Graham Crackers, Soy Butter, Milk	16 B Waffles, Fruit, Water L Hot Dog, Mac & Cheese, Peas, Fruit S Trail Mix, Fruit, Water	17 B Cereal, Fruit, Milk L Soy Butter & Jelly Sandwich, Green Beans, Fruit S Animal Crackers, Fruit, Milk	18 B Yogurt, Granola, Fruit, Water L Meatloaf, Mashed Potatoes, Corn, Fruit, Bread S Simply Chex,  Fruit, Water	19 B Cereal, Fruit, Milk L Mac & Beef, Broccoli, Fruit S Cheese Crackers, Fruit, Water
22 B French Toast Sticks, Fruit, Milk L Salisbury Steak, Peas, Fruit S Cucumbers, Carrots, Crackers, Water	23 B Cereal, Fruit, Milk L Chicken Nuggets, Green Beans, Fruit S Veggie Straws, Fruit, Milk	24 B Toast, Fruit, Milk L Breakfast Burrito, Carrots, Fruit S Graham Crackers, Soy Butter, Milk	25 B Cereal, Fruit, Milk L Turkey & Cheese Sandwich, Broccoli, Fruit S Wheat Thins, Fruit, Water	26 B Oatmeal, Fruit, Milk L Hamburger, Corn, Fruit, Bread S String Cheese, Crackers, Water
29 B Cereal, Fruit, Milk L Lasagna, Corn, Fruit S Soy Butter & Jelly Roll-up, Milk	30 B Pancakes, Fruit, Milk L Grilled Cheese Sand., Carrots, Fruit S Trail Mix, Fruit, Milk 	31 B Cereal, Fruit, Milk L Fish Sticks, Broccoli, Fruit S Cheese Crackers, Fruit, Water		