



March 2023 Menu



Whole milk for children under 2 years; 1% milk for children over 2 years
 Water is offered throughout the day and at meals
 Fresh Fruit Options: Apples, Bananas, Oranges, Pears, Grapes
 Cereal Options: Chex, Cheerios, Corn Flakes, Rice Krispies

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 B Cereal, Fruit, Milk S Wheat Thins, Fruit, Milk	2 B English Muffin, Fruit, Milk S Veggie Straws, Fruit, Water	3 B Cereal, Fruit, Milk S Graham Crackers, Soy Butter, Milk
6 B French Toast Sticks, Fruit, Milk S Trail Mix, Fruit, Water	7 B Cereal, Fruit, Milk S Cucumbers, Carrots, Crackers, Water	8 B Oatmeal, Fruit, Milk S String Cheese, Crackers, Water	9 B Cereal, Fruit, Milk S Animal Crackers, Fruit, Milk	10 B Waffles, Fruit, Milk S Cheese Crackers, Fruit, Water
13 B Cereal, Fruit, Milk S Whole Grain Tortilla Chips, Salsa, Water	14 B Toast, Fruit, Milk S Goldfish Crackers, Fruit, Water	15 B Cereal, Fruit, Milk S Veggie Straws, Fruit, Milk	16 B Yogurt, Granola, Fruit, Water S Graham Crackers, Soy Butter, Milk	17 B Cereal, Fruit, Milk S Soy Butter & Jelly Roll-up, Milk 
20 B Pancakes, Fruit, Milk S Crackers, Cheese, Fruit, Water	21 B Cereal, Fruit, Milk S Wheat Thins, Fruit, Water	22 B French Toast Sticks, Fruit, Milk S Trail Mix, Fruit, Milk	23 B Cereal, Fruit, Milk S Cheese Crackers, Fruit, Water	24 B Toast, Fruit, Milk S Cucumbers, Carrots, Crackers, Water
27 B Cereal, Fruit, Milk S Animal Crackers, Fruit, Milk	28 B Yogurt, Granola, Fruit, Water S Simply Chex, Fruit, Water	29 B Cereal, Fruit, Milk S Graham Crackers, Soy Butter, Milk	30 B Oatmeal, Fruit, Milk S Veggie Straws, Fruit, Water	31 B Cereal, Fruit, Milk S Goldfish Crackers, Fruit, Water